

# THE GAMEDAY ISSUE

AUGUST 2008 | knoxmag.com

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**The Olympic Dream:  
Legacies of East  
Tennessee Athletes**

**Winning plays  
for women  
tackling  
gameday**

**THE VOLTS'**  
NEW OFFENSIVE  
COORDINATOR **DAVE  
CLAWSON**

**UNLEASHES  
HIS SIGNATURE  
STYLE ON THE SEC**

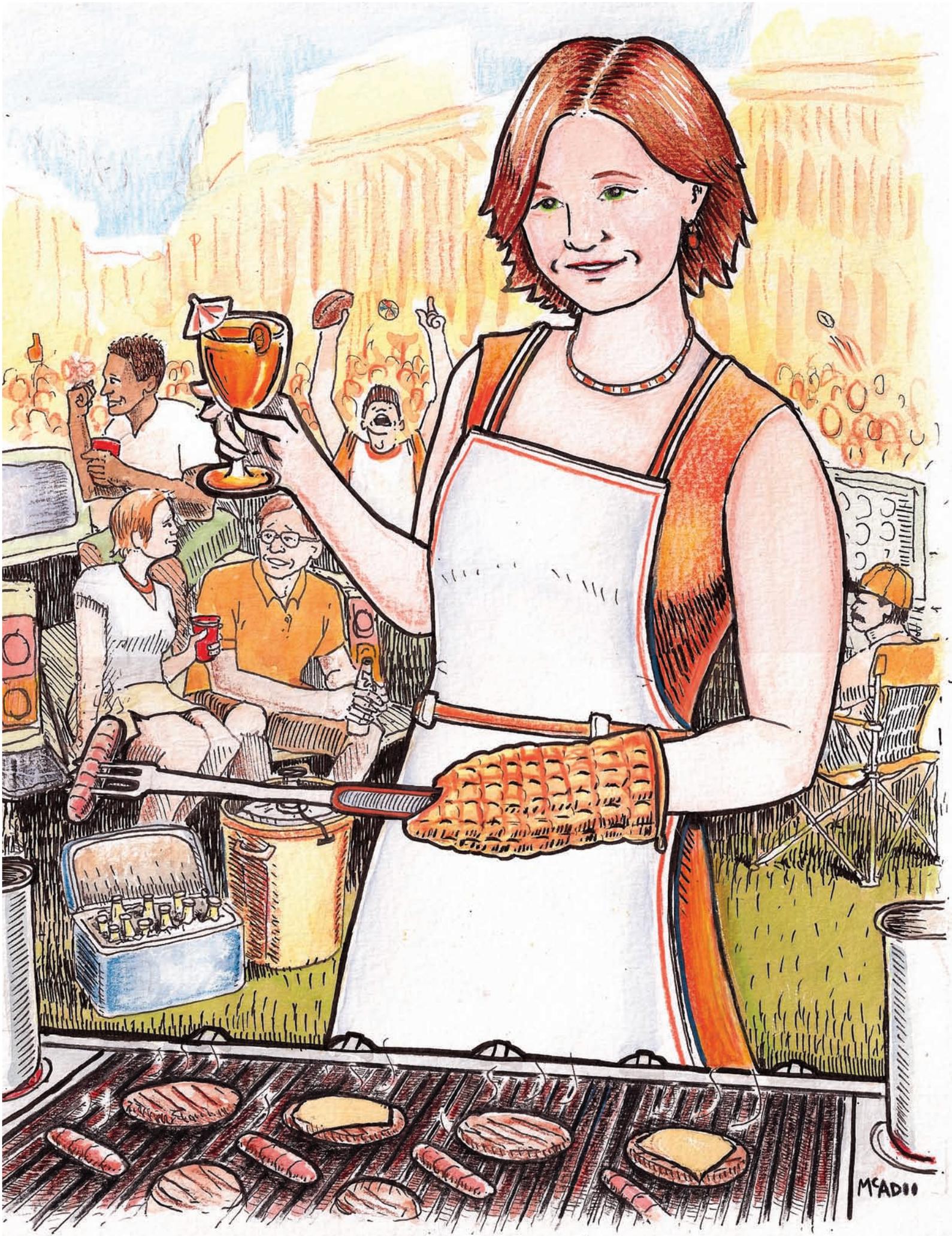
**13**

**REASONS  
WE LOVE  
TO HATE**

**MARYVILLE  
HIGH SCHOOL  
FOOTBALL**

(Hint: because  
this powerhouse  
just won't lose)





KNOXVILLE MAGAZINE PRESENTS

# the Women's GUIDE TO GAMEDAY

*By Rebecca Bond, with original illustrations by Chris McAdoo*

**WHETHER YOU SPEND YOUR TIME** counting down the days to the start of UT football season or counting down the days to the end, you have to respect that as a Knoxvilleian, one of the most exciting and revered programs in college football is right in your backyard. And whether you go to the game as a true spectator of the sport or simply to hang out with your friends, the rush you get when you enter the roar of Neyland Stadium is unmistakable. Don't let the pressures of being the perfect gameday tailgate hostess get you down. Here are all the tools you need—from the clothes to the food to the drinks to the general UT football tailgating knowledge—to enjoy gameday all season long.

## ENTRY #1: GRILL TALK

**THERE'S SOMETHING ABOUT COOKING** slabs of meat outdoors that draws men to the grill. No doubt they're channeling their inner cavemen, enjoying the thrill of playing with lighter fluid and a short pitchfork. Men also use grilling as a bonding experience, gathering round the grill for the latest news and gossip like it's the Monday morning water cooler.

Unlikely as it may be, there could come a day when you wrangle the tongs away. Maybe Gisele Bundchen walked by the tailgate site and the men followed suit. Yes, unlikely scenarios, but possible. You don't want your fellow tailgaters to starve. It's time to step up to the plate.

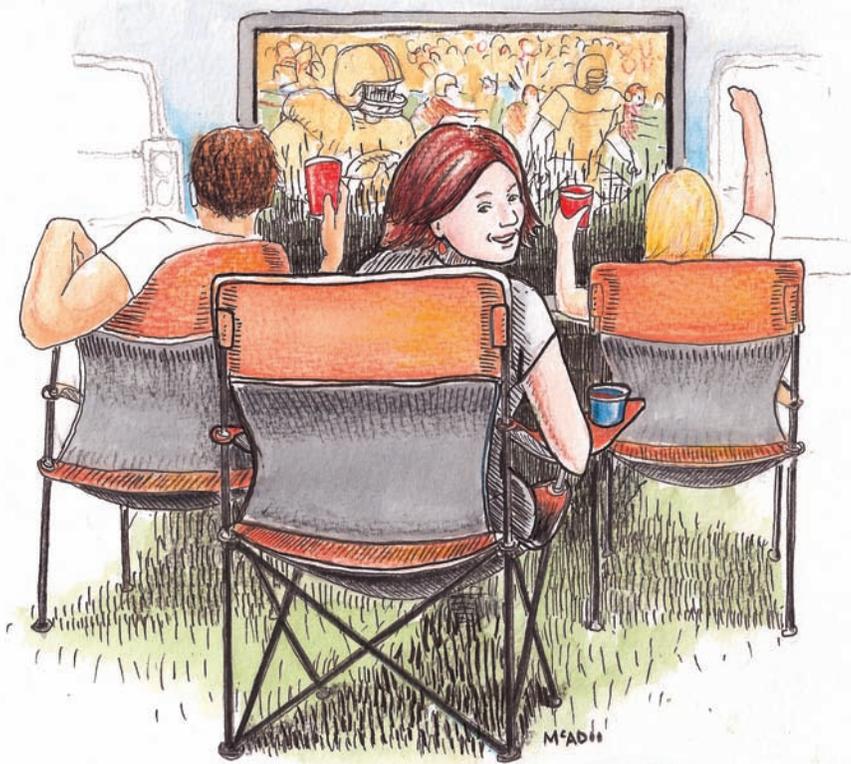
Between propane and charcoal grills, choose the propane. Messy charcoal and cute orange outfits don't mix. The Coleman RoadTrip LXE Portable Grill (Dick's Sporting Goods, 221 North Peters Road, \$179.99) makes for easy set-up and take-down and provides you with the option to

cook on a table top or on the included stand. There is no need for a large propane tank, as the grill operates on a 16.4 ounce propane cylinder.

Once you are ready to grill, open the burner valve and push the igniter button repeatedly until the burner lights. Preheat the grill with all burners on high until the thermometer reaches 550°, which takes about 20 minutes. Because you are likely grilling "tailgating food"—hamburgers and hot dogs—place food directly above the heat source. Grill with the lid down. Relax, the food only needs to be flipped once. Invest in a good set of tongs as well as a meat thermometer, which provides a foolproof method to tell when the meat is ready. Don't ruin

your nails - use an extra-long grilling mitt to transfer food on and off the grill. Tie up your long hair, long necklaces and long sleeves to avoid setting yourself on fire - most would agree that would put a damper on the tailgate.





## ENTRY # 2:

### Not a Beer Drinker?

Try These Five Suitable Pre-Noon Cocktails:

#### ❖ 1. BLOODY MARY

You can't feel guilty about drinking tomato juice at 9 a.m.

#### ❖ 2. MIMOSA

Champagne and orange juice combine to create the perfect UT orange drink.

#### ❖ 3. SCREWDRIIVER

Same theory as the Mimosa, sans the bubbles. (Vodka is substituted for champagne.)

#### ❖ 4. ICED TEA

What would a Southern tailgate be without iced tea? *Tennessee* tea, that is: one part Jack Daniels, one part triple sec, one part sweet and sour mix and two parts cola.

#### ❖ 5. JACK DANIELS

Jack and Coke, Jack on the rocks, Jack straight up...because it fits perfectly in a flask.

## ENTRY # 3:

### LADIES TOP THREE MUST-HAVE TAILGATE GEAR

❖ 1. **SENSIBLE SHOES.** They may be boring, but between the alcohol, long walks and climbing through the stands in the stadium, flats win the flats versus heels bout on gameday. If you must wear heels, at least bring flats to change into before trekking to the game. The flat of the moment? Tory Burch's Reva patent leather flat is available at Lola B., (6614 Kingston Pike)—in orange of course!

❖ 2. **DEODORANT.** After a rousing game of cornhole in the hot sun, you'll be glad you have it.

❖ 3. **TOILET PAPER.** Because you never know when, you never know where, and you never know under what circumstances. (Tip: Fraternity house bathrooms are yet another bonus to tailgating on FIJI island. Convince a fraternity boy to let you inside. There are no guarantees on the condition in which you will find the bathroom.)

## ENTRY # 4:

### 10 Tips to Hosting the Winning Tailgate

❖ 1. **SCOUT OUT YOUR SPOT.** While few and far between, grassy areas are preferred. FIJI island in fraternity park offers one of the best tailgating spots on campus—wide grassy areas to throw the football around, nearby parking on the street, bathrooms and a relatively short walk to the stadium.

❖ 2. **PERFECT YOUR TIMING.** In order to secure your tailgate location and find a nearby parking spot, plan on being on campus at least four hours in advance. For a noon game, this means being on campus at 8 a.m. For a 7 p.m. game, however, this may mean being on campus as early as noon.

❖ 3. **PICK A THEME AND RUN WITH IT.** UT has many theme-worthy teams on the schedule this season to revolve the menu around: UCLA (California-style sushi—have nama Sushi Bar cater), Florida (gator tail), Northern Illinois (Chicago-style pizza), South Carolina (barbecue—mustard based) and Vanderbilt (caviar anyone?).

❖ 4. **DELEGATE.** Just because you're hosting doesn't mean you have to do all the work. Ask everyone to bring their own drinks, a chair and a side. Even men can pick up a bag of chips at the store.

❖ 5. **PREPARE FOR TESTOSTERONE.** Men get drunk and think they are as athletic as the football players out on the field. Have a football handy for them to throw around.

❖ 6. **THINK WIDE SCREEN.** Forget the little battery-operated, portable version. Tailgates are now high tech which will require a flat screen, high-def TV and a generator. You don't want to invest a lot of money in the TV, as it will certainly endure a lot.

❖ 7. **PROVIDE OTHER ENTERTAINMENT.** Cornhole, beer pong, flip cup or simply take bets on the day's games. (Tip: [www.shophounddogs.com](http://www.shophounddogs.com) offers a UT cornhole set for \$99.97.)

❖ 8. **DON'T FORGET THE BEER** (or your beverage of choice).

❖ 9. **SAVE FOOD AND DRINKS.** You thought the tailgate ended when the game did? Post-game food is tricky. Unless you have a cooler that will keep the food cold in the trunk of your car during the game in 90° heat, stick to post-game snacks that won't perish or spoil.

❖ 10. **SIT DOWN, RELAX AND HAVE FUN.**

## ENTRY #5:

### Beyond the Cheetos:

Tailgate-Worthy Orange Foods

*You've got the burgers, the brats, the dogs, but don't forget to inject that touch of orange into the festivities with any of these foods:*

- ④ **1. CHEDDAR CHEESE RING** (Combine 8 oz. shredded mild cheddar cheese, 8 oz. shredded sharp cheddar cheese, 1 ½ cups mayonnaise, 1 cup chopped pecans, 1 teaspoon cayenne pepper. Press and shape into a "Power T." Cover and chill overnight. Serve with assorted crackers.)
- ④ **2. SWEET POTATO FRIES** (Peel and slice sweet potatoes into one-half inch strips and toss in two tablespoons of melted butter, one-fourth cup grated parmesan cheese, one teaspoon chili powder, one-fourth teaspoon salt and one-eighth teaspoon ground red pepper. Arrange sweet potatoes on greased baking pan. Bake for 20 to 25 minutes at 425°, turning once, until golden brown.)
- ④ **3. RICE KRISPIE TREATS** ...with an orange twist (Follow regular Rice Krispie treat recipe and for that orange look, add eight drops of yellow food coloring and six drops of red).
- ④ **4. ORANGE JELL-O SHOTS** (Dissolve one package of orange JELL-O gelatin in one cup of boiling water. Add one cup of vodka. Pour mixture into plastic shot glasses and chill until firm.)



④ **5. THE BIG ORANGE CUPCAKE** from The Cupcakery, 5508 Kingston Pk.



## ENTRY #6:

### Tips to Avoid the Drunk Fan

*Once you join the gameday ranks, you will inevitably encounter the drunk fan sitting next to you in the stadium. He will bump into you, fall on you, spill a drink on you or even hit on you. There is no rationalizing with, or tuning out, the drunk fan. Avoidance is your only option. Some tips to try:*

- ④ **1. SCOUT THE AREA** for a nearby "frenemy." Tell her that the drunk fan is single and rich. She will scramble to switch seats with you.
- ④ **2. CONVINCING THE DRUNK FAN** that you have an empty 50-yard line seat that he can have and send him on his way.
- ④ **3. WARN A MAN SITTING NEARBY** that the drunk fan has been hitting on his girlfriend. The resulting fight will provide a brief entertaining respite from the game and will facilitate the drunk fan being thrown out of the stadium.
- ④ **4. FINALLY**, if you can't beat 'em, join 'em. Drink up.

## ENTRY #7:

### Five Orange Fashions that Don't Involve the Letters U or T

**THERE IS NO NEED** to wear clothing with the words University of Tennessee, Tennessee, UT or even a big T emblazoned across your chest. We get it. If you're wearing orange, you root for Team Tennessee. Opt for orange clothing that can be worn on gameday and beyond, though a word to the wise: "beyond" should probably be limited to outside the Knoxville city limits. If you choose not to wear orange on gameday, thoroughly research the opposing team's colors. There is nothing worse than wearing crimson to the UT-Alabama game.



Lola B.  
\$195

Bar Denim  
Blues \$79

Lola B.  
\$428

Bath Junkie  
\$74

Elle \$104